

# Improve Organizational Health: Reduce Costs and Strengthen Wellbeing



A healthy future – physically and fiscally – starts with a healthy mouth.

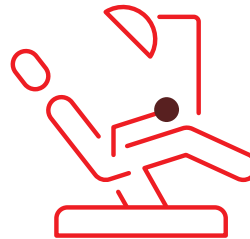
92% of adults agree that oral health is important to their overall health, **yet on average only about 21% recognize the connections between oral health and chronic conditions.**<sup>1</sup>

Regular dental check-ups are key to avoiding serious oral health problems and reducing costs of care.<sup>3</sup>

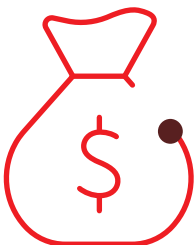
Individuals with chronic conditions, like diabetes and heart disease, **can save on total care costs by utilizing their dental benefits.**<sup>4</sup>

85% of Americans with dental benefits visited the dentist in 2022, **while only 64% of those without coverage visited the dentist.**<sup>1</sup>

Incorporating oral health into routine patient care can significantly reduce rates and direct healthcare costs of NV-HAP.<sup>5</sup>



Employers save when employees understand and utilize their preventive dental benefits.<sup>6</sup>



**Over \$45B is lost in annual productivity** in the United States due to untreated oral disease.<sup>7</sup>

By investing in preventive dental benefits and providing oral health education, **companies have the potential to reduce overall health care costs.**<sup>3</sup>



more than diabetes, heart disease, and Alzheimer's combined.<sup>2</sup>

To learn more and test your knowledge, **visit KnowYourOO.com.**



(1) Delta Dental. (2023). The 2023 State of America's Oral Health and Wellness Report. <https://www.deltadental.com/us/en/state-of-americas-oral-health-report.html>. (2) World Health Organization. Global oral health status report. 2022, Nov 18. Eds. World Health Organization. <https://www.who.int/team/noncommunicable-diseases/global-status-report-on-oral-health-2022/>. (3) National Institutes of Health. Oral Health in America: Advances and Challenges. Bethesda, MD: US Department of Health and Human Services, National Institutes of Health, National Institute of Dental and Craniofacial Research, 2021. <https://www.nidcr.nih.gov/research/oralhealthinamerica>. (4) Jeffcoat MK, Jeffcoat RL, Gladowski PA, et al. Impact of periodontal therapy on general health: evidence from insurance data for five systemic conditions. *Am J Prev Med.* 2014;47(2):166-174. doi:10.1016/j.amepre.2014.04.001 (5) Baker D, Quinn B. Hospital Acquired Pneumonia Prevention Initiative-2: Incidence of nonventilator hospital-acquired pneumonia in the United States. *Am J Infect Control.* 2018;46(1):2-7. doi:10.1016/j.ajic.2017.08.036. (6) American Dental Association. Tools for Employers: Choosing a Dental Benefits Plan for Employees. <https://www.ada.org/resources/community-initiatives/dental-benefits-plan-for-employees>. (7) Centers for Disease Control and Prevention. Health and Economic Benefits of Oral Health Interventions. 2022. <https://www.cdc.gov/chronicdisease/programs-impact/pop/oral-disease.htm>.